

## BRUNCH

*served until 2pm*

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| <p>Ⓥ Cinnamon French Toast. £5<br/>served with seasonal berries and maple syrup.</p> <p>Breakfast Sandwich. £3<br/>choice of bacon, sausage or Portobello mushroom.<br/>Add an egg. £1</p> <p>Ⓥ White Bean &amp; Spinach Shakshuka. £6<br/>served with crusty bread.</p> <p>Ⓥ Poached Eggs on Vegetable Fritters. £5.25<br/>add bacon/smoked salmon. £2</p> | <p>GCT Big Breakfast. £8.25<br/>bacon, sausage, black pudding, grilled portobello mushroom, homemade beans, grilled tomato, poached or fried eggs, toast.</p> <p>Ⓥ GCT Veggie Breakfast. £7<br/>vegetable fritters, grilled portobello mushrooms, homemade beans, grilled tomatoes, poached or fried eggs, toast.</p> <p>Eggs Benedict. £7<br/>served on a toasted muffin with crispy parma ham and hollandaise sauce.</p> <p>Eggs Royale. £7.50<br/>served on a toasted muffin with smoked salmon and hollandaise sauce.</p> |
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## MAINS

*served from 12pm*

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| <p>Ⓥ Pesto Caprese Panini. £5.50<br/>served with salad. Add chicken. £2</p> <p>Chicken Club. £6.50<br/>roast chicken breast, back bacon, beef tomato, lettuce and avocado jalapeño mayonnaise.</p> <p>Ⓥ Seasonal Superfood Salad. £7<br/>add chicken. £2</p> <p>Ⓥ Asparagus &amp; Pesto Gnocchi. £7.25<br/>fried gnocchi, roast tomatoes, grilled asparagus, with basil and wilted rocket.</p> | <p>Ⓥ Steak Salad &amp; Gremolata. £9<br/>served with balsamic red onion and peppers, cucumber, tomato, seasonal leaves.</p> <p>Chicken Shawarma Kebabs. £8.50<br/>served on top of creamed hummus, salad and our homemade flatbreads.</p> <p>Ⓥ Dirty Black Bean Burger. £8.50<br/>topped with cheese and 3 bean chilli and served with fries and homemade tomato and chilli chutney.</p> <p>GCT Cheese Burger. £10.50<br/>8oz beef burger, topped with cheese served with homemade relish and fries. Add bacon/beef chilli/extra cheese. £2</p> |
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## SHARERS

*served from 12pm*

- Ⓥ Vegan Sharing Board. £15  
locally sourced vegan cheese, artisanal bread, mixed nuts, falafel, dried fruit, fresh fruit, dips, olives, vegetables, chutney.
- Charcuterie Board. £17.50  
cured meats, locally sourced cheese, mixed nuts, olives, fruits, vegetables, dips, artisanal bread.
- Ⓥ Vegan Chilli Fries. £6.50  
topped with 3 bean chilli, salsa, cheese, jalapeños, chipotle cream.
- Ⓥ GCT Loaded Fries. £7.50  
topped with beef chilli, cheese, jalapeños, chipotle cream.

## SIDES

- Ⓥ Bowl of Nuts & Olives. £3
- Ⓥ Hummus. £1.50
- Ⓥ Flat Breads. £2.50
- Ⓥ Green Salad. £3
- Ⓥ Fries with aioli £3.50
- Ⓥ Sweet Potato Fries with aioli £4

**TAKE A LOOK AT OUR BOARDS FOR  
DESSERTS, CAKES AND SPECIALS!**